



# **Annual Report and Accounts**

**for the year ended 30 September 2008**

The Thames Regional Rowing Council  
c/o The Amateur Rowing Association  
6 Lower Mall  
London W6 9DJ

[www.thames-rrc.org](http://www.thames-rrc.org)

[secretary@thames-rrc.org](mailto:secretary@thames-rrc.org)

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Produced by the Thames Regional Rowing Council, November 2008

Compiled, edited and typeset by E LI Rees  
E&OE



# 1. Introduction

The Thames Regional Rowing Council (TRRC) is a body made up of representatives of all Member Clubs and Events affiliated to the ARA in Divisions 10 to 19, stretching from Oxford to Westminster.

The TRRC Mission is:

*To enable the Thames Region to develop rowing at all levels, by enabling every community within the region to participate in the sport and to maximise our strengths at local, national and international level.*

This aligns with the ARA's national vision of:

- ◆ New participants, through new partnerships
- ◆ Rowing for life, through well-resourced clubs
- ◆ Inspiration, through success on the world stage.

In line with the ARA values and principles, the TRRC is committed to:

- ◆ Providing a transparent and accountable organisation
- ◆ Encouraging and developing good practice in the region
- ◆ Providing equal opportunities regardless of gender; race; disability; sexual orientation; age or religion
- ◆ Creating opportunities for athletes with the desire and talent, to join the High Performance Pathway
- ◆ Playing an active part in developing rowing within the wider sporting community
- ◆ Playing an active part in developing rowing to benefit local communities
- ◆ Providing a welcoming environment and support for all participants in the sport, at whatever level they choose to participate
- ◆ Valuing, recognising and supporting the work of volunteers.

## **Officers of the Council**

Chas Newens, President

Bill Mitchell, Vice President (Immediate Past President)

Margaret Adams, Vice President (Past President 2005/6)

Chris Sprague, Vice President (Past President 2004/5)

### *Executive Committee*

The Executive Committee that managed the affairs of the TRRC since the last AGM are:

### **Elected and Co-opted Officers**

Martin Humphrys JP, Chairman

Andrew Russell, Honorary Secretary (until May 2008)

Edward Lloyd Rees, Honorary Secretary (thereafter)

Paul Baldwin ACA, Honorary Treasurer

David Hancock, Upriver Representative

Jim Harlow, Downriver Representative

Chris Sprague, Chairman, Thames Regional Umpires' Commission

Richard Philips, Chairman, Coaching Commission

Laura Lion, Chairman, Junior Commission (Upriver)

Ruth Hatton, Chairman, Junior Commission (Downriver) (until March 2008)

Andy Crawford, Chairman, Junior Commission (Downriver) (thereafter)

Murray Litvak, Chairman, Veterans' Commission

Tony Evans, Events' Co-ordinator (Calendar)

Steve Webb, Regional Water Safety Adviser (until September 2008)

Tony Reynolds, Regional Water Safety Adviser (thereafter)

Nick Watkins, Deputy Regional Water Safety Adviser

Chris George, Regional Water Safety Development Adviser

Richard Packer, Equipment Officer

Peter Moore, Recreational Representative

Elizabeth Wray, Marketing and PR Officer

Richard West, Environment Agency Liaison Officer

Bill Mitchell, Port of London Authority Liaison Officer

Ruth Hatton, Projects' Officer *and* Additional Rep for Div 17

### **ARA Divisional Representatives**

Mark Blandford-Baker, Division 10 (Oxford University)

Andrew Weekes, Division 11 (Upper Thames)

Peter Moore, Division 12 (Reading)

Tony Evans, Division 13 (Middle Thames)

John Biddle, Division 14 (Staines and Molesey)

Richard West, Division 15 (Kingston and Twickenham)

Martin Carr, Division 16 (Chiswick and Mortlake)  
Siobhan Cassidy, Division 17 (University of London)  
Neil Jackson, Division 18 (Barnes and Hammersmith)  
Paul Lorenzato, Division 19 (Putney)

**Representatives of ARA Appointed Members**

Michael Jones, Leander Club  
Mike Williams, London RC  
Emma James, Thames RC  
Mark Blandford-Baker, Council of Oxford University Rowing

**ARA Coaching and Development Officers**

Sarah Birch  
Phil Simmons

*Tideway Code Panel*

*(Code of Practice for Rowing on the Tidal Thames)*

Bill Mitchell, Chairman  
Julie Watson, Tideway Code of Conduct Organiser for Events

*Safety Panel*

Steve Webb, Regional Water Safety Adviser (until September 2008)  
Tony Reynolds, Regional Water Safety Adviser (thereafter; previously member of the panel)  
Nick Watkins, Downriver  
Lynch Mason, Upriver  
David Hancock, Member  
Jim Harlow, Member  
Neil Jackson, Member

*Thames Regional Umpires' Commission*

Chris Sprague (Chairman), John Biddle, Maggie Phillips, David Biddulph, Barbara Wilson, Jeremy Hudson, Rod Murray, John Robson, Andrew Crawford, Gary Painter, David Hancock, Nigel Smith, John Duff, Claire McIntosh (joined Oct 2008) and Stan Collingwood (retired Feb 2008).

*Financial*

The bankers to the TRRC are:  
HSBC Plc

The Independent Honorary Examiner is:  
John Chapman FCA

## 1. Introduction

## 2. Chairman's Report

The work in the Thames Region continues to keep all of us on the Regional Council very busy indeed—whether it is working for the sport nationally, working with the Port of London Authority or working with the Environment Agency—the TRRC Executive has a lot to do and we attend numerous meetings of the respective governing bodies. I am very grateful to all members of the Executive Committee who despite what many believe, give of their time freely to serve the sport within the Thames Region and beyond.

We have had another very busy year on the Tidal Thames and I am grateful again to the Port of London Authority for their continued support of improving safety through the PLA awards. This year we have also seen a number of Clubs commended for safety improvements and it will hopefully encourage them to go 'full steam ahead' to achieve the top awards next year. I must thank Chief Harbour Master David Snelson CB, Harbour Master (Upper) David Foster and River Manager Alex Brown for their continued support, guidance and advice. I would also like to thank the Chief Executive, Richard Everitt, who continues to keep us all on a true course as best he can!

The sport has been under very close scrutiny from the Royal Society for the Prevention of Accidents (RoSPA) as I know everyone is aware and for those of you who have not seen the report it can be seen either on our website [www.thames-rrc.org](http://www.thames-rrc.org) or on the ARA website. Following on from the report I am sure many of you will have seen that the Thames Region was praised in a number of cases for the work we have undertaken and most notably the introduction of the boat identification codes on all boats using the Tidal Thames which we extended to all waters covered by the TRRC. Following on from the RoSPA report, the ARA Council has now decided that from 1 April 2009 all boats, in every region governed by the ARA, will be required to display the codes. I believe that is a major step forward and I am pleased we persevered to see it through.

The new Junior Rowing Centre at Hammersmith is coming nearer to fruition, but with the current economic climate the projected start date has been postponed somewhat. I would very much like to thank

## 2. Chairman's Report

the team who have been working flat out on the scheme not least Jim Harlow, my Vice-Chairman Downriver, and Paul Baldwin the Region's Honorary Treasurer, as well as Jim Downing at London Youth Rowing and Alan Meegan and Rosemary Napp at the ARA. I am very hopeful that before too long we shall be able to see the beginning of the new Centre, which will allow many new oarsmen and oarswomen to come down to train and thus enjoy the sport and encourage others to do so, rather than witness (as we have seen over recent years) young people being turned away from the sport on the Tideway, because the Clubs are full.

I have also been encouraged by the support we have received from local London events and businesses in trying to establish the centre and not least from the former Mayor of Hammersmith and Fulham, Councillor Minnie Scott Russell, and from its leader Councillor Stephen Greenhalgh. I am also grateful for the support of their teams at the Town Hall and the Oxford and Cambridge Boat Race Company in the shape of Giles Vardey, Howard Jacobs and Julia Lindsay all of whom have been key in helping us to ensure the Centre is built.

That said I must also thank the residents of Palace Riverside and the many interest groups who have supported us from the beginning. Most importantly I thank the developers, Goodman, who have given their support in both land and financial backing for the sport and for that, generations of young people will, I know, be very grateful indeed as we head towards the Olympic Games here in London in 2012 and beyond.

The regional team led by Bill Mitchell looking after the Disciplinary Code is again going to speak to all of the Tideway Clubs. A new map has been produced for all steers persons. These are being produced on waterproof paper and given out to all of the Clubs. They are so useful and help us continue to ensure that the navigation of the Thames, by all within our sport, is done to the highest possible level. If Clubs would like some of these then please let me know and I will try to ensure we send some to you.

I continue to be very grateful to all of the Clubs who have served on the Disciplinary Team throughout the last year—it is important that every club plays its part—no club is too big or too small and we are

all part of the rowing community and whilst last year I asked those who were dragging their feet not to do so, I believe that we now have everyone on board and for that a very big thank you.

The Environment Agency and the ARA via Richard West have been looking towards producing a block licensing scheme similar to that operated for canoes on their waters and I believe that we are close to an agreement. The boat identification system we introduced is very much part of that scheme which hopefully will be rolled out in the not too distant future. I would also like to thank Eileen McKeever, the Environment Agency's Thames Waterway Manager and Harbourmaster, who has now moved on to pastures new, but who worked tirelessly for a number of years to help us in the sport of rowing.

The Region continues to be well represented in the medals at all National and International events and I am sure that everyone in the region takes great pride in our Paralympic and Olympic medallists and competitors many of whom train within the Thames Region. We thank them not only for their efforts throughout the last four years in the run-up to the Olympiad but also for their continued support in attending functions throughout the region in the name of the sport; they truly are *all* great ambassadors for the sport of rowing.

The strength of the Thames Regional volunteers continues unchallenged and yet I am still disheartened that Clubs are not nominating people for the ARA Volunteer awards. Everyone in all of our Clubs and Events gives so freely of their time to assist with the sport and this year at the request of their Chairman, the ARA has introduced a new award for 'administrator' so *please, please* let us have those nominations. I cannot believe that with over 41% of the country's rowing being undertaken within this Region, we are the only region which does not nominate for these awards year on year. I was delighted that Ann Southey has been honoured with the award of the ARA Medal of Honour, it is long overdue.

In my role as Chairman of the ARA National Development Committee, I have continued to see progress at all levels throughout the year and I have attended most meetings of the ARA Executive and Council although with the demands upon my time regretfully not all.

## 2. Chairman's Report

The number of Thames Regional members on the Executive remains strong. I am sure also that many of you heard that the ARA Constitution indicated that the current Chairman, Mrs Di Ellis CBE, who has led this sport from the front for the last eight years, could not serve for a further four-year term taking us to the next Olympic Games here in London. To have allowed that to happen would, I believe, have been nothing short of detrimental, for Di has led us brilliantly and nobody knows the sport better than she. I am pleased to say the ARA Council has removed that bar of the third term and whilst I cannot guarantee what will happen when the time comes to elect the new Chairman for the next four years, hopefully we will continue to be led by Di up to and including London 2012.

I will conclude by thanking the TRRC Executive, all the members of which have given freely of their time not only in the roles as umpires, marshals, event officials, club officers and the like, but to represent all of the Clubs and Events not only on the ARA Council but month in and month out, attending regional meetings at either end of the region. Without their dedication and commitment this Region could not function. When I see my co-chairman from the other regions all much smaller than ours admittedly, having problems filling the roles they must fill in order to run their regions successfully, I am very grateful to everyone who has agreed to serve with me. I know many of them will tell you that 'resistance is futile' once I have asked them to serve, but that is not true! They could easily walk away, for they already give up more of their time than most to rowing, but they do not and they give that bit extra for the good of the sport.

As we now begin the road to the Games of the XXX Olympiad in London, I would ask everyone in every Club and Event within the Thames Region to give that bit more to help the Chairman of the ARA and her team to provide the best Olympiad London could wish for from a rowing perspective. Your Sport Needs You *Now* more than ever.

Martin Humphrys JP  
Chairman

## **3. Executive Committee Members' Reports**

### **Honorary Secretary (Edward Lloyd Rees)**

In May 2008 I resumed the position of Honorary Secretary, a role I previously held between 2004 and 2005. The main duties involve organising and recording meetings of the Council and its Executive Committee and, together with the Chairman and Marketing & PR Officer, keeping Member Clubs and Events up-to-date on developments within the Region.

#### **Meetings**

I have attended all Executive Committee meetings. I ensured that agendas and papers for Executive Committee meetings were sent out the week before the meetings to enable Officers to be fully briefed before attending meetings and that the minutes of the meeting were circulated, where possible, within four days of the meeting having taken place.

Unfortunately there have been technical problems with the Region's website. When these problems have been resolved, meeting agendas will be published on the website at the same time as they are circulated to the Executive Committee. Confirmed minutes will appear on the website within two days of the meeting at which they were confirmed.

#### **Constitution**

I undertook a 'light touch' review of the Constitution and have proposed a number of amendments to the 2008 AGM.

#### **Improving Communication with Members**

In the coming year, if re-elected to the position of Honorary Secretary, I will be working with the Marketing and PR Officer to improve the Council's systems to communicate with Member Clubs and Events.

#### **Annual Report**

Once again, I have compiled and edited the Annual Report. This year's Report sees the addition of two new sections: the Register of the Year; and a section about contacting the Council. There is also a pull-out provisional calendar of Events in the Region.

## **Honorary Treasurer (Paul Baldwin ACA)**

See Accounts at Section 4.

## **Upriver Representative (David Hancock)**

I'll concentrate on events in this brief summary and leave the activities of clubs for the Divisional Representatives to report on.

### **Events**

It was a better year for Upriver regattas than 2007 despite fairly dull weather for most of the summer. Only Walton & Weybridge and Weybridge Ladies', in early June, of the summer regattas succumbed to heavy rain. A few heads were cancelled in the early part of the year because of fast streams (Wallingford 4s & 8s, Weybridge Winter Head, Henley 4s' Head) and two of the Autumn heads (Upper Thames SBH and Henley Sculls) have had to be cancelled because of landscaping work in the HRR boat tent area.

Dorney Lake continues to be used by many regattas and heads as either a permanent or stand-by home—indeed there was even a cut-down version of National Schools' Regatta held there this year following the abandonment at Holme Pierrepont. It is welcome to have this facility within the region, although it is to be hoped that the majority of Upriver events remain on the river.

### **Safety at Events**

Over the past three or four years, many events have dramatically updated their safety approach and documentation under the guidance of the Regional Water Safety Adviser.

This year most events have been allowed to 'self-certify', if their safety documentation was OK previously, and they are not making significant changes. This seems to have worked well, but we do need to monitor to ensure that the increased emphasis on safety over the past few years is not forgotten.

There have been improved communication channels between the RWSA and the TRUC this year. At most events the umpires' commissioner is usually the best person to validate that the safety

approach documented is being followed and any concerns will be fed back to the RWSA.

### **Umpire Jacket Refund Scheme**

This scheme was launched last year to both smarten up the image and recognise the many hours of voluntary support our Umpires give to Heads and Regattas throughout our region. A high proportion of umpires in the region are now wearing the jackets—although, to date, there has been a lower than expected number of requests for refunds.

## **Downriver Representative (Jim Harlow)**

- ◆ My main job continues to be the development of the Hammersmith Junior Rowing Centre. This has predominantly meant fundraising and building relationships with Sport England, London Youth Rowing, our sponsors, the ARA Head Office team and many others.
- ◆ I have been involved with the Safety Panel focussing on our continued work on the Tideway.
- ◆ I have worked with Julie Watson on the Tideway Head Code.
- ◆ I have researched and written a Radio Protocol for umpires, officials and event organisers.
- ◆ I continue to develop relationships and work with other river users such as the RNLI and PLA.
- ◆ As Downriver Rep I have sought to support rowing on the Tideway and its events wherever possible.

## **Chairman of the Thames Regional Umpires' Commission (Chris Sprague)**

### **Umpires**

The Region currently has 125 umpires on its books as follows:

FISA	16
Multi-Lane Endorsed	38
ARA	71

The Region had seven umpire candidates in 2008. Five have passed and one who has recently been in hospital has still to take his practical examination. The successful candidates were Elaine Green, Ian Baldwin, Rob Burnage, Bob Thompson and Sir Matthew Pinsent CBE.

Four umpires from the Region gained their multi-lane endorsement in 2008. They were Ben Helm, Paul Baldwin, Claire McIntosh and Hans Neher.

The Commission will be nominating one divisional umpire for multi-lane training in 2009.

Three umpires from the Region, namely Martin Denny, Di Ellis CBE, and Ken Williams, retire at the end of this year having reached the age of seventy.

### **Seminars**

Two seminars were held during the Spring, one at City of Oxford RC and the other at London RC. The topics covered included:

- ◆ Rules update
- ◆ Radio protocol and discipline
- ◆ Criteria for renewal of umpires' licenses
- ◆ Communication between umpires and events
- ◆ Multi-lane start procedure
- ◆ Control Commission report forms.

The Commission continues to give feedback to regattas where appropriate and aims in future to do this as a matter of course.

## **Retirements and Appointments**

Stan Collingwood retired from the Commission in March after many years' service. Chris Sprague will be retiring from the Commission at the end of the year after 28 years as a member including eight years as Secretary and the past five years as Chairman. The Commission is most grateful to them both and to the umpires in the Region who will be retiring this year.

Claire McIntosh joined the Commission in October 2008. John Biddle will be succeeding Chris Sprague as Chairman of the Commission on 1 January 2009.

## **Chairman of the Thames Regional Coaching Committee (Richard Philips)**

The teething problems with the new UKCC on which I reported last year, are being overcome and I am pleased to report that the number of Level 2 courses being run continues to increase.

Whilst record numbers are participating in the courses, there is a depressingly low percentage undertaking the assessment stage necessary to complete the course.

It would seem that many candidates are commencing the courses without understanding the full coaching commitment necessary to successfully complete the course and gain the qualification. Course organisers need to try to encourage candidates to arrange assessors and dates before the face to face part of the course is completed.

We are in one sense lucky that the dropout rate is as high as it is because there remains a chronic shortage of Tutors and Assessors within the Region. To qualify as a Tutor and/or Assessor requires a significant financial commitment: one first has to reach the UKCC Level 3 qualification before then undertaking the courses for tutoring and assessing. I will continue to challenge the costs and, with the help of the CDOs, seek to find ways to obtain funding.

On a more cheerful note I would like congratulate the junior coaching team from Weybridge who won an exceptional coaching team award for their work in running learn to row courses during

their summer holidays. Also to be congratulated is Charles Simpson of Reading Rowing Club, winner of the Senior Coach of the Year award.

I am now urgently looking for the 2008 nominations.

## **Chairman, Thames Regional Junior Commission Upriver (Laura Lion)**

The Thames Region (Upriver) performed exceptionally well this year, sometimes in the most adverse conditions.

We saw the weather taking control of many events. The Schools' Head was forced to run the whole event from a shortened course because of rough conditions, JIRR was cancelled completely due to high winds and rough water and the National Schools' Regatta was only able to complete racing on the Friday, eight events were run on the Saturday and then, yet again, high winds meant that the event had to be cancelled.

Despite the weather the Thames Region (Upriver) produced winners at the Junior Sculling Head, the Schools' Head, the National Schools' Regatta and 17 event winners at the National Championships (18 if you include a composite). We also produced athletes for the Home Countries and International Championships teams.

A Junior Training Camp was held at Henley Rowing Club this year, organised by three Henley Stewards Trust Undergraduates under the watchful eye of Sarah Birch. We had two days of coaching, talks from osteopaths and nutritionists, core stability training and racing. The juniors had a ball, made friends with their erstwhile enemies and hopefully gained some valuable tips from a variety of different coaches. Next year's camp will take place at Easter with a venue / venues yet to be decided.

The Olympics has caused another explosion in youngsters wanting to row. With the majority of Upriver clubs already over subscribed we await the ARA's *Way Forward for Juniors* blueprint with interest.

## **Chairman, Thames Regional Junior Commission Downriver (Andy Crawford)**

I took over responsibility for the Downriver Junior Rowing Commission from Ruth Hatton in March 2008 a hard act to follow as Ruth has done such a good job over recent years.

By this time Andrew Eames (TSS) and Rachel Knight (St Pauls Girls) along with Ruth had put together a strong team for the Junior Inter Regional Regatta (JIRR). All set off with expectation to Nottingham fully prepared for the event, which was sadly abandoned after four races due to the weather. Similar conditions prevailed for the other major Nottingham event, National Schools, which suffered a similar fate.

In spite of the weather, Juniors from the region did manage to get some good racing at the wide range of Junior supporting regattas in the region and many clubs and schools from the region were strongly represented amongst the winners lists through the year.

I have dealt with a number of approaches from ARA to deal with inquiries they have received over the year—by way of example, working through the downriver coaching contacts, we have set up a host school with facilities, accommodation and knowledge for an Australian School, visiting UK for Henley next year.

At the moment I am looking at setting up the organisation for the JIRR for next year and, through, direct contact, the JIRR website and TRRC website, will soon be issuing invitations to all clubs / schools in the region to express interest in putting crews forward and will be setting out the selection criteria.

I want, in the course of the next few months, to review the opportunities for Junior rowing at clubs on the tidal Thames—it seems to me that there are significantly less such opportunities down river in the region than upriver. I do not know what conclusions will be reached but would welcome comment. (This was triggered by an approach from somebody looking for somewhere for their son to row but who did not want to join one of the larger clubs.)

## **Chairman, Thames Regional Veterans' Commission (Murray Litvak)**

Since November 2007 I have continued to promote all aspects of veteran rowing in all available forums.

The National Veteran's Commission has met regularly during 2008, since its rejuvenation and I have acted as Secretary. The main area of debate has been improvements to veteran rowing to 'ensure safe, fair and competitive races'. This committee has recently agreed to fall in line with FISA veteran ages, and reduce the age from 31 to 27. More importantly potential changes are afoot to further enhance veteran racing and views from the region will be sought in the near future. These plans include further encouragement to veteran novice rowing and at the other end of the spectrum a Masters level for elite veteran rowers to enable them to test themselves against the best in the country and world. A pilot scheme on some of the proposed changes has been run in WARA, and lessons taken from this.

Veteran training camps were held in two regions, as pilots and it is hoped to expand on this during 2009, to encompass all regions.

The National Veterans Commission is seeking to further enhance its profile in rowing circles by regular press articles.

I have continued to liaise with vets across the region when we meet up—your views on anything and everything are always welcome.

## **Calendar of Events' Co-ordinator (Tony Evans)**

- ◆ The 2008 Calendar is being followed.
- ◆ Fewer events in the Thames Region were lost due to flood conditions this year; Walton & Weybridge and Weybridge Ladies' being the most notable Regattas.
- ◆ Due to poor conditions at Nottingham, some events at the National Schools' Regatta were cancelled. Some of these were restaged at Dorney on 7 June. It was made very clear to the organisers that permission was only granted on the

understanding that existing regattas would not be adversely affected, in terms of competitors and Officials / volunteers.

- ◆ I started work on the Calendar for period January 2009–March 2010 in April 2008 and issued the first draft in May. A second draft will have been issued by the time of the TRRC AGM. Very little change is expected.
- ◆ As one of the seven people from the Thames Region who are members of the ARA National Competition Committee, I attended all meetings, and due to my emergence as chairman of a sub committee charged with producing proposals for change in the ARA Status scheme, I have also attended meetings of the Rules of Racing Sub committee. The ARA Council approved the proposals in principle. The necessary rule changes will come before ARA Council at the end of November. An article appeared in *Regatta & Rowing* magazine on this topic.

## **Regional Water Safety Adviser (Tony Reynolds) RoSPA Report**

The most important publication this year was the Royal Society for the Prevention of Accidents (RoSPA) review on water safety within Rowing. The reviews recommendations covered the following areas:

- ◆ System and guidance
- ◆ People and roles
- ◆ Equipment.

This document is worth reading by all members of the rowing community.

## **Tideway Code of Practice**

The Tideway Code of Practice has been working well. Neil Pickford (Cygnet RC) with the support of Bill Mitchell has produced a number of navigation guides for the Tideway, including a pocket guide which is being handed out to all clubs.

### **Audit**

I am grateful to Nick Watkins and Chris George for getting the online audit form updated for this year. By next year club audits may well be on a national online reporting system.

### **Competitions**

I am working closely with Rod Murray (TRUC) to ensure that events which have been reported as a problem receive support to get their event up to scratch. I am happy to report that nearly all events are running very well in the Thames Region.

### **Steering**

With the formation of a 'steering group' lead by Ruth Hatton, we should see the implementation of a navigation approval system for coxes and steersmen for Tideway clubs.

### **Row Safe**

The release of Row How to all clubs is imminent. This replaces the ARA Water Safety Code and is designed to help clubs in producing a safe environment in which to go rowing. The document is much more user friendly with the emphasis on guidance.

### **Incident Reporting**

Incident reporting on the Tideway is well established; however few incident reports come from other parts of the Thames. It will be interesting to check the club incident report summaries at the end of the year. A lot of work still needs to be done to encourage clubs and individuals to put in reports.

The online incident report system is going national, with a link on the home page of the ARA web site.

### **Water Safety Advisory Team**

I am indebted to all the members of the water safety advisory team for their help and support in my role.

## **Regional Water Safety Development Advisor (Chris George)**

Work involved me being absent from the Tideway for most of the year, consequently I can only report that work was done on maintenance of the online Audit system to bring it into line with the 2008/9 requirements and development, with Graham Redman, Caroline Smith and Emma James of a format for a club steering certification system which, from what I have seen to date, forms a significant part of the basis of what the region will be developing next year.

## **Chairman of the Tideway Code Panel (Code of Practice for Rowing on the Tidal Thames) (Bill Mitchell)**

The second annual awards funded by the Port of London Authority (PLA) for clubs which either have a good safety record or have made the best improvements. The winners were:

Overall Winner	Vesta RC	£1000
Runner Up	Barnes Bridge Ladies' RC	£500
Most Improved	Mortlake Anglian and Alpha BC	£500

In addition, Emanuel School BC, the Tideway Scullers' School, Crabtree BC, HSBC RC and London RC received certificates recognising their contribution to river safety.

The compliance with the Tideway Code has improved considerably, and the great majority of crews / scullers now comply. Initially the Code had to have a 'heavy' approach in order to change the culture of our sport with regard to navigation. However this has largely been achieved and it is felt that we should move on to a more positive approach which encourages peer-to-peer solutions for basic navigation infringements, and recognises and publicises good practice.

Consultations are taking place on developments which we hope will achieve these aims.

### 3. Executive Committee Members' Reports

The PLA has funded the printing of a Pocket Guide to Tideway Navigation, on tough waterproof paper. These are being issued to all coxes, steers, scullers and coaches. The guide will also be posted on the TRRC website. Visiting crews will be expected to download, print and study the guide before coming to the Tideway. The initial print-run is running out so the TRRC is arranging for more to be printed. Thanks must be given to Neil Pickford of Cygnet RC who has done all the artwork for the Guide.

The Code will be reviewed and revised where necessary this year. Discussions with the PLA will be starting very soon.

### **Recreational Representative (Peter Moore)**

- ◆ Continued with facilitating new base for German Rowing Federation touring boats on Middle Thames
- ◆ Attended meetings of ARA Recreational Rowing Working Party
- ◆ Attended ARA Tour Dinner at Leander Club.

### **Equipment Officer (Richard Packer)**

No report submitted.

### **Media and PR Officer (Elizabeth Wray)**

No report submitted.

### **Environment Agency Liaison (Richard West)**

Nil report.

## **Divisional Representative, Division 10**

### **Oxford University (Mark Blandford-Baker)**

After the developments reported a year ago, this last year has been unremarkable. The 'Sabbatical Officer for Rowing' post, now in its third year, continues to provide a considerable support and underpinning for the management of collegiate rowing, including event management, liaison with the University's safety staff, management of swim tests and capsized drills, and committee secretariat business.

All inter-collegiate events except Christ Church Regattas took place this year, that event was cancelled owing to river conditions. In Torpids (Hilary term bumping races) Magdalen, celebrating its 150th year, took the men's Headship for the first time since 1937. The women's Headship was taken by St Catherine's. In both cases Oriol was knocked off top spot. In Summer Eights (Trinity term bumping races), Balliol took the men's Headship after some unexpected (even by bumps standards) goings-on in the First Division. St Edmund Hall held the women's Headship.

Oxford won the 2008 (154th) University Boat Race, the Women's Boat Race, the Lightweight Men's Race, the Isis/Goldie (Men's Reserves) race and the Osiris/Blondie (Women's Reserves) race. They lost the Lightweight Women's Race. There was no lightweight men's reserve race this year.

## **Divisional Representative, Division 11**

### **Upper Thames (Andrew Weekes)**

#### **General**

Another year of several periods of adverse river conditions but despite this the division has had another good year with success across all sectors.

#### **Active Rowing Status**

Juniors, in both clubs and schools in the region had another good year at national events.

### 3. Executive Committee Members' Reports

Senior rowing remains at a good standard in the division with clubs taking national honours.

A waiting list remains for people wishing to try the sport at both junior and adult levels.

#### **Adaptive Rowing**

The OARC adaptive club based at the City of Oxford Rowing Club is looking to expand the membership with the help of both the ARA coaching team and Oxfordshire County Council.

#### **Events**

All the annual events in the area again proved successful and enjoyed by all.

#### **River Conditions**

This year again proved frustrating for many with the river Thames in the Oxford area suffering from several bouts of serious fast flow although not involving flooding as experienced the previous year. However, the need for an alternative training protected water facility needs to be found urgently. Again this year many used Dorney Lake when the river was closed but the lack of long term boat storage became an issue for many in having to tow trailers from club to Eton and back on a weekly basis. At times the course is over subscribed at times and making beneficial training a severe trial for both crews and coaches.

#### **Proposed Reservoir (2018+)**

The proposed Abingdon Reservoir appears to have made very slight progress during the past year and there remains serious opposition on a better in someone else's back garden attitude.

## **Divisional Representative, Division 12 Reading (Peter Moore)**

- ◆ Liaised with EA Middle Thames Navigation Office Team Leaders regarding conditions for open events and river closure for Reading University HOR
- ◆ Monitored compliance with new boat ID regulations by Div.12 Clubs
- ◆ Member of interview panel for new Community Sports Coach for Middle Thames Clubs
- ◆ Sat on panels for two club disciplinary hearings
- ◆ Officiated at all open events held in Division (four as Chairman of the Race Committee)
- ◆ Attended all TRRC executive, ARA Council and EA River User Group 4/5 meetings throughout year
- ◆ Organised TRRC Executive Dinner at Leander Club.

## **Divisional Representative, Division 13**

### **Middle Thames (Tony Evans)**

- ◆ Due to the geographical spread (over 30 miles of the River Thames), I still attempt to carry out most of the necessary communication via e-mail. Offers to replace this with a meeting or two have met with a negative response. If others wish to be included on the e-mail list then please let me know. (ajevans@btinternet.com or 01628 525977).
- ◆ Passed on all updates received from the Environment Agency (EA) with regard to the state of the Thames, which was gratefully received by Clubs and Events.
- ◆ Currently, some events based at Henley are having to be cancelled due to 'engineering works' being carried out at the Henley Royal Regatta boating meadows, and rebuilding at Upper Thames RC.
- ◆ Progress on resurrecting Windsor and Eton Regatta seems to have stalled.
- ◆ Attended all TRRC monthly (bar one) meetings and all ARA Council Meetings.
- ◆ Answered requests for information from general public on joining rowing Clubs.
- ◆ At River User Group meetings, I have expressed my concern to the EA concerning their stated intentions of expanding the practice of leaving power on at locks 'after hour'. In my personal experience, this increases the number of powered vessels moving on the river during rowers' usual training periods in the evenings, not all of which obey EA rules on lights and speed; the drivers of these vessels are never likely to be picked up by the EA, since no-one is on duty.

## **Divisional Representative, Division 14**

### **Staines and Molesey (John Biddle)**

It has once again been a quiet year with no major issues. The high river levels again caused problems for some events. Burway Small Boats' Head was cancelled in December, the fourth consecutive event that the club had lost due to high river conditions. The following week Walton Small Boats' Head moved to Dorney in order to hold their event. Two other events were lost during the summer with Walton & Weybridge Regatta being cancelled for the first time and Weybridge Ladies' also fell foul to the fast stream conditions.

The rest of the events held in the division all ran smoothly.

I attended the majority of the TRRC meetings and all the ARA Council meetings during the year.

EA reports on the status of the river along with river closures and lock maintenance were passed on to all clubs and events in the region.

I have attended a number of the events held in the region whenever possible.

## **Divisional Representative, Division 15**

### **Kingston and Twickenham (Richard West)**

Nil report.

## **Divisional Representative, Division 16**

### **Chiswick and Mortlake (Martin Carr)**

Nil report.

## **Divisional Representative, Division 17**

### **University of London (Siobhan Cassidy)**

There are some very exciting developments at the University of London (UL) which will secure the future of rowing for the colleges of the UL and the elite level University of London Boat Club.

The role of the University in supporting UL rowing has been declining for many years. Partly as a result of this there have been two important changes this summer.

Firstly, the ULBC Trust (an alumni charity), in partnership with the Colleges has taken over the running of the Boathouse. The boathouse provides services to a number of UL college clubs and ULBC and other clubs. It is a future intention to grow an open club based around Tyrian to help provide a stable platform of people to run the facility. The Boathouse will have to adopt a more commercial approach to the development and use of its facilities in line with other Tideway clubs if it is to survive without a University subsidy. Some redevelopment will be necessary to allow greater rowing use of the site and to make commercial lettings more viable.

Secondly, the constitution of ULBC has been changed to recognise the role the alumni are now playing. The new management team's priorities have been to implement new management arrangements and financial controls and update the coaching structure. Improving safety and navigation comes next.

The Chief Coach, Andy Metcalf has been appointed and will have responsibility for delivering the High Performance Club for ULBC with an emphasis on the women. Currently the position of Freshman Coach is open—this position is exciting as there is a Sporting Giants Programme at the Club.

The UL Boathouse user clubs (including canoeists) now total 15. There are improved communications with the users with regular meetings and a group taking on the day to day management of the boathouse. ULBH Ltd has taken on the organising of training days to develop river awareness and safety standards. The college crews take part in a number of events on the tideway but also race further afield at Cambridge for the winter heads. ULBC or other UL Boathouse users organise the United Hospitals (UH) Novice

Regatta, Allom Cup, UH Winter Regatta, UH Head and UH Bumps. Concerns for the users are mainly centred around action to be taken against the drivers of larger vessels causing disruption on the river. In addition they would like to be able to find funding to assist with coach development, something we feel we are now in a position to help with and access to volunteer coaching courses at a reasonable cost.

ULBC was represented at the Beijing Olympics by Matt Wells (Bronze Medal), Fran Houghton (Silver Medal), Jess Eddie and Katie Greves (placed fifth).

## **Divisional Representative, Division 18**

### **Barnes and Hammersmith (Neil Jackson)**

2007–08 was a quiet but very positive year in Barnes and Hammersmith Division. Clubs continued their recent good record on the safety front, performing very well in the first round of PLA awards then maintaining a good record on the water for the second round. Competitions went off well, with visiting competitors collaborating well with on- and off-the water developments.

As Div Rep I attended all national and regional council meetings, and exchanged views and information by e-mail with clubs.

## **Divisional Representative, Division 19**

### **Putney (Paul Lorenzato)**

This is my fourth year as Divisional Representative. During the year I have visited all the clubs in my division at least once, I have given three talks on the Tideway Code in the division.

All clubs continue to maintain the high standards of navigation and educating visiting crews.

I will continue to attend all the meetings of the TRRC and ARA Council on your behalf, so if you want anything brought up please contact me and I will raise it at Council.

## **Leander Club Representative (Michael Jones)**

Nil report.

## **London RC Representative (Mike Williams)**

Nil report.

## **Thames RC Representative (Emma James)**

Nil report.

## **Coaching and Development Officers (Phil Simmons and Sarah Birch)**

### **Staff roles**

Phil Simmons: coaching and development officer for clubs and boroughs from Kingston through London and team leader for all Community Sports Coaches, HSCT coaches and Sport England Funded coaches in this area.

Sarah Birch: coaching and development officer for clubs and counties from Molesey to Oxford and team leader for Community Sports coaches, Henley Stewards coaches and Sport England funded coaches in the up river area and the regional CDO and coaches in Kent and Sussex.

### **Community Sports Coaches (CSCs)**

The Thames region currently has two Community Sports Coaches for rowing: Barn Elms/Wandsworth Council and Eton Excelsior and Slough Schools. Phil and I line manage and support the Community Sports Coaches and their partner clubs and schools in setting work programmes, school link projects, general coaching, personal development and County Sports partnership liaison.

### **Sport England Club and Coach programme**

Three Sport England Club and Coach programme coaches have started work in the region since July 2008:

- ◆ Jessica Essex working with Twickenham and Vesta RC
- ◆ Phil Harfield working with Quintin BC
- ◆ Christy Job working with Burway, Weyfarers, Staines, Eton Excelsior, Upper Thames, Reading and Falcon.

The aim for these posts is to support a growth in adult participation in rowing and to help sustain current membership levels. The coaches are working on learn to row programmes and with novice and senior groups to progress athletes on either a competitive or recreational pathway in the sport. Monitoring for the first six months is just being collated and is expected to meet or exceed targets agreed with Sport England.

### **Henley Stewards' Charitable Trust Coach**

Suzanne Reeve has completed her first year as HSCT coach for Surrey. She coaches juniors at Weybridge RC, Burway RC and Guildford RC alongside taking a Sports Management MSC at Kingston Uni. Feedback from the clubs has been very positive that coaching from the HSCT coach has been a great help to these clubs junior programmes. This programme will last until June/July 09.

### **Project Oarsome**

We continue to work with Project Oarsome and POXtra clubs in the region to support their junior programmes. Some PO clubs have come or are coming to the end of their agreements. We will continue to work with these clubs to support them in continuing their school link projects and junior rowing.

### **Funding and Development**

Upper Thames RC has been granted National Sports Foundation funding towards its rebuilding costs and work has started at the club. A number of clubs have made successful applications for funding to Awards for All, Sports Match and the Rowing Foundation among others for various small projects in the last year.

### **Club Accreditation**

The ARA now runs accreditation schemes for recreational clubs, learn to row clubs and for university clubs. More clubs with junior sections are now Sport England Clubmark accredited and we continue to work with a few that are currently working towards or through this scheme. Some clubs will need to update their accreditation soon.

### **Partnerships**

Our role as CDOs involves, liaison with County Sports Partnerships, the Youth Sports Trust, Sport England, Local authorities, Skills Active, School Sports Partnerships and NGB forum representation. .

### **School Competition Managers**

County Sports Partnerships received funding for competition managers to work within School Sports Partnerships. These competition managers have been keen to work with us to set up indoor rowing competitions for schools. This has worked particularly in Berkshire where a structure of inter school and inter SSP competition leading to a Berkshire championships has started for 08/09. A similar pathway could take shape in Surrey over the next couple of years.

### **J16 camp**

Regional J16 camps are now supported by funding from the Henley Stewards Charitable Trust. A successful J16 camp was held for up river juniors in April. For 2008 the camp was organised by our HSCT coach for Surrey with the help of the HSCT coach for Hants as part of their University course. Over 30 youngsters and their coaches from many clubs attended the two-day camp held at Henley RC. Activities included crew rowing, single sculling, a talk on nutrition, core stability and fun racing. A similar camp or camps will be held during the 2009 Easter holidays.

### **Coach education**

Demand continues to outstrip supply for ARA Coaching Courses in the Thames region. The region still has a waiting list for coaches needing their L2 assessment although number of these may no longer want to complete the award. Efforts have been made over the year to tackle this waiting list. Two assessment days were

planned but these were not very successful with only a couple of candidates applying. E-mails have been sent to candidates who took courses in 2006 or 2007 offering them assessment but again, the response rate has been low. Assessors in the region have now been given list of candidates to contact directly and this approach is helping. A meeting of tutors and assessors is planned for November to plan for next year and update everyone. A number of new assessors have qualified during the year.

### **Other**

Siemens rowing, 2012 roadshows: We have both been involved in the Indoor rowing Event for Siemens employees. Siemens as sponsors of the GB Rowing Team held an event at each office nationally then a finals day in Manchester during September/October 2008. In its second year, these events were again very successful.

## **4. Accounts**

Unfortunately it was not possible to include the Accounts in respect of the year ended 30 September 2008 and the Balance Sheet at 30 September 2008 in this Report. Instead, they will be available at the Annual General Meeting and on the website.

P Baldwin ACA  
Honorary Treasurer

# 5. Register of the Year

## 5.1 Affiliations

The following Clubs became affiliated to the TRRC and ARA this year:

- ◆ London Irish RC (Division 18) (LIR) (for Irish rowers living in London to race together as London Irish RC)
- ◆ Cabbages BC (Division 19) (CBG) Alumni of King's College School Boat Club
- ◆ Imperial College BC moved from Division 17 to Division 19 when it became constitutionally independent from the University of London

(Source: minutes of meetings of ARA Council.)

## 5.2 In Memoriam

It is with regret that the Council records the names of those who have passed away this year.

- ◆ Sally Ann Panton (née Petrie) of Thames Tradesmen's RC and formerly Twickenham RC (October 2008)
- ◆ David Parry of Walton RC, HRR Steward (September)
- ◆ David Chipp, HRR Steward (September)
- ◆ Martyn Silvester of Putney Town RC (July)
- ◆ Harold Blogg of Maidenhead RC, past president TRRC (May)
- ◆ Steve Chasey of Kingston RC (May)
- ◆ George Marshall of Quintin BC and formerly Ibis RC (April)
- ◆ Elsie Stagg of Weybridge Ladies' ARC (April)
- ◆ Tony Owen of London RC (March)
- ◆ Bob Poulter of Molesey BC (February)
- ◆ Peter Ament of London RC and Twickenham RC (February)
- ◆ Willie Ross of Thames RC (January)
- ◆ George Plumtree of Twickenham RC (January)
- ◆ Air Commodore Henry Probert RAF MBE, formerly a member of HRR Commentary Team and past president of the RAF Rowing Association (January)
- ◆ Alec Hodges of the Tideway Scullers' School (November 2007)
- ◆ Ted Bell of Vesta RC, Molesey BC and Staines BC (October)
- ◆ Ken Cripps of Kingston RC (October).

And those whose names are not recorded here.

### 5.3 Awards and Honours

In this section are recorded the names of recipients of TRRC awards. Also are recorded are recipients of ARA awards from the Thames Region.

#### *ARA Medal of Honour 2008*

Ann Southey—Past member of ARA Council as a divisional representative, member of the Competition Committee, organiser of the Women's Head of the River Race, long term member of the Henley Women's Regatta Committee and one of the founder members. Also past member of the Pairs' Head Committee, past member of the Women's Rowing Commission and National Championships Committee, coach umpire, launch driver 2005 World Cup and 2006 World Championships.

(Source: ARA website.)

#### *TRRC Awards 2008*

The recipients of TRRC awards will be announced at the AGM and a citation will appear in next year's Annual Report.

#### *TRRC Awards 2007 AGM*

At the conclusion of the 2007 TRRC AGM, an awards ceremony was held with the under-mentioned people receiving awards.

For services to the TRRC:

- ◆ Chris George
- ◆ Ruth Hatton
- ◆ Neil Jackson
- ◆ Rod Murray
- ◆ Judith Packer.

For services to rowing:

- ◆ Hugh Bashaarat
- ◆ Noel Casey
- ◆ John Culnane
- ◆ Nina Padwick.

#### *TRRC Awards: 2008 Annual Dinner*

The TRRC Annual Dinner in January 2008 provided a further opportunity for the Council to honour those who have been so

dedicated for giving their services for the sport of rowing, particularly in the Thames Region.

- ◆ Di Ellis CBE, Chairman Amateur Rowing Association
- ◆ Richard Goddard, formerly Secretary, Henley Royal Regatta
- ◆ Eileen McKeever, formerly Thames Waterway Manager and Harbourmaster, Environment Agency
- ◆ David Foster, Harbour Master (Upper), Port of London Authority
- ◆ Wayne Bellamy, Royal National Lifeboat Institution.

#### *Regional and ARA Volunteer of the Year Awards 2008*

Recipients of these awards from the Thames Region will appear in next year's Annual Report.

#### *ARA Coaching Awards 2007*

The following were awarded ARA coaching awards in 2007:

- ◆ Charlie Simpson of Reading RC, Senior Coach of the Year
- ◆ Weybridge RC, Exceptional Team Award.

### **5.4 National Champions**

The National Rowing Championships of Great Britain 2008 were held at the National Water Sports Centre, Holme Pierrepont between 18 and 20 July. The National Champions from the Thames Region are cited below.

#### *Senior*

Eights: Leander Club (Open); Thames RC (Women)

Coxed Four: Leander Club (O); Furnivall ScC (W)

Coxless Four: Leander Club (O); Leander Club (W)

Quadruple Scull: Leander Club (O); Imperial College BC (W)

Coxless Pair: TE Broadway and TF Burton (Leander Club) (O)

Double Scull: R Hunter and I Lawson (Leander Club) (O)

Single Scull: I Lawson (Leander Club) (O)

#### *Lightweight*

Coxless Four: London RC (O); Mortlake Anglian & Alpha BC (W)

Quadruple Scull: Tideway Scullers' School (O); MAABC (W)

Coxless Pair: AWA Dax and D Jones (Leander Club) (O);

R Hutchinson and S Scrase-Field (MAABC) (W)

Double Scull: O Power and A Townsend (MAABC) (W)

Single Scull: R Burdett (Thames RC) (O); E Johnstone (TSS) (W)

*Juniors*

J Eight: Maidenhead RC / Rob Roy BC (W)

J Coxed Four: Lady Eleanor Holles School BC (W)

J Coxless Four: Maidenhead RC (W); City of Oxford RC (W)

J Quadruple Scull: Sir William Borlase's School BC (O); Canford Sch/Henley RC/Sir Wm Borlase Sch/Burway RC (W)

J Coxless Pair: S Pain and C McAdam (Marlow RC) (W)

J Double Scull: S Delaney and A Brooks (Maidenhead RC) (W)

J Single Scull: J Hockley (Maidenhead RC) (O); C Thomas (Burway RC) (W)

J16 Quadruple Scull: Marlow RC (O); Henley RC (W)

J16 Double Scull: H Shimmin and F Scambler (Sir William Borlase's Sch BC) (W)

J16 Single Scull: H Holden (City of Oxford RC) (W)

J15 Quadruple Scull: Dulwich College BC/TSS (O); Henley RC (W)

J15 Double Scull: G Watson and F Bevan (Maidenhead RC) (W)

J14 Coxed Quadruple Scull: Maidenhead RC / Marlow RC (O); Henley RC (W)

J14 Double Scull: N Brown and R Seager (Reading RC) (O); A Robinson and S King (City of Oxford RC) (W)

J14 Single Scull: T Barras (Burway RC) (O)

**5.5 Olympic Games of the XXIX Olympiad, Beijing 2008**

The GB squad had a tremendous success at the Beijing Olympics winning six medals—more than any other country for rowing. Their medals are recorded below with crew lists for those athletes from the Thames Region.

- ◆ Gold Medals (2): Open Men's Coxless Four, Lightweight Men's Double Scull (Olympic record time)
- ◆ Silver Medals (2): Open Men's Eight, Open Women's Quadruple Scull
- ◆ Bronze Medals (2): Open Men's Double Scull, Open Women's Double Scull

*Open Women*

Louisa Reeve (Leander Club, pair), Beth Rothford (Thames RC, eight), Carla Ashford (TRC, eight), Natasha Howard (Tideway Scullers' School, eight), Jess Eddie (University of London Women's BC, eight), Sarah Winckless (Walbrook & Royal Canoe Club, eight),

Alison Knowles (TRC, eight), Katie Greeves (LC, eight), Caroline O'Connor (Oxford Brookes University BC, eight, cox), Elsie Laverick (TRC, double scull), Anna Bebington (LC, double), Annie Vernon (Marlow RC, quadruple scull), Debbie Flood (LC, quad), Frances Houghton (Tyrian Club, quad), Alice Freeman (Wallingford RC, sub)

#### *Open Men*

Tom Solesbury (Molesey BC, pair), Robin Bourne-Taylor (Army RC, pair), Tom James (MBC, four), Steve Williams (Leander Club, four), Pete Reed (LC, four), Andy Triggs Hodge (MBC, four), Alex Partridge (LC, eight), Tom Stallard (LC, eight), Tom Lucy (Oxford Brookes University BC, eight), Richard Egington (LC, eight), Josh West (LC, eight), Alastair Heathcott (Army RC, eight), Matt Langridge (LC, eight), Colin Smith (LC, eight), Acer Nethercott (University College Oxford BC, eight, cox), Alan Campbell (Tideway Scullers' School, single scull), Matt Wells (LC, double scull), Stephen Rowbotham (LC, double), Tom Parker (OBUBC, sub), Alex Gregory (Reading University BC, sub)

#### *Lightweight Women*

Helen Casey (Wallingford RC, double scull), Hester Goodsell (Reading University BC, double)

#### *Lightweight Men*

Richard Chambers (Oxford Brookes University BC, four), James Lindsay-Fynn (London RC, four), Paul Mattick (Wallingford RC, four), James Clarke (LRC, four), Zac Purchase (Marlow RC, double scull), Mark Hunter (Leander Club, double), Rob Williams (LRC, sub)

### **5.6 Summer Paralympic Games, Beijing 2008**

Great Britain's paralympic rowers did extremely well, winning medals in three of the four events entered. Their medals and crew lists for athletes from the Thames Region are listed below.

- ◆ Gold Medals (2): Women's Arms Only Single Scull (world best time), Men's Arms Only Single Scull
- ◆ Bronze Medal (1): Legs Trunk and Arms Mixed Coxed Four

#### *Legs trunk and arms mixed coxed four:*

Naomi Riches (Marlow RC), Alan Sherman (Thames Tradesmen's RC, cox)

## 6. Contacting the Regional Council

### E-mail

The Council's Officers may be contacted using the following 'permanent' email addresses which will remain the same when personnel change. Each should be followed by @thames-rrc.org

<b>Role</b>	<b>@thames-rrc.org</b>
Chairman	chairman
Honorary Secretary	secretary
Honorary Treasurer	treasurer
Upriver Representative	upriver
Downriver Representative	downriver
Coaching	coaching
Chairman, Thames Regional Umpires' Commission	umpires
Chairman, Junior Commission (Upriver)	upriverjuniors
Chairman, Juniors Commission (Downriver)	downriverjuniors
Chairman, Veterans' Commission	veterans
Events' Co-ordinator (Calendar)	calendar
Regional Water Safety Adviser	safetyadviser
Regional Water Safety Development Adviser	safetydevelopment
Regional Water Safety (Downriver)	safetydownriver
Regional Water Safety (Upriver)	safetyupriver
Equipment Officer	equipment
Recreational Representative	recreational
Environment Agency Liaison	ea
Marketing and PR Officer	marketing
Projects' Officer	projects
Div Rep, Div 10	div10
Div Rep, Div 11	div11
Div Rep, Div 12	div12
Div Rep, Div 13	div13
Div Rep, Div 14	div14
Div Rep, Div 15	div15
Div Rep, Div 16	div16
Div Rep, Div 17	div17
Div Rep, Div 18	div18
Div Rep, Div 19	div19
Leander Club Representative	leander-rc
London RC Representative	london-rc
Thames RC Representative	trc
Code of Conduct Organiser for Tideway Events	tidewayevents
Conduct Panel Chairman	conductpanel

President	president
Vice Presidents:	
Margaret Adams	margaret
Bill Mitchell	bill
Chas Newens	chas

## Mail

Officers may be contacted using the current postal address displayed on the website or the following address:

The Thames Regional Rowing Council  
c/o The Amateur Rowing Association  
6 Lower Mall  
London W6 9DJ

## Website

As well as contact details, the TRRC website contains a wide range of useful information. Visit the site at:

[www.thames-rrc.org](http://www.thames-rrc.org)

## Meetings

The Executive Committee meet monthly September to May. Members of Clubs and Events in the Region are welcome to attend meetings, though they cannot vote. The provisional dates for 2008/9 are listed below. Please check the website for up-to-date details.

Monday, 26 January 2009  
Monday, 23 February  
Monday, 23 March  
Monday, 27 April  
Monday, 18 May  
Monday, 22 June (if required)  
Monday, 28 September  
Monday, 26 October  
Monday, 23 November—Annual General Meeting





The Thames Regional Rowing Council  
c/o The Amateur Rowing Association  
6 Lower Mall  
London W6 9DJ

[www.thames-rrc.org](http://www.thames-rrc.org)