

CONTENTS

	Page
FOREWORD	3
1 INTRODUCTION	5
2 GENERAL ROWING RULES	7
2.1 Navigation Diagrams	8
2.2 The Tide	15
2.3 Bridge arches closed to navigation	18
2.4 Restricted Zones	19
2.5 Crossing	22
2.6 Stopping and Turning	23
2.7 Keeping a Good Lookout	24
2.8 Day Glo Vests	25
2.9 The Tideway	26
3 GENERAL NAVIGATION RULES	28
3.1 Narrow Channels	28
3.2 Overtaking	29
3.3 Proceeding Abreast	30
3.4 Emergency Action to be Taken in a Head on Situation	32
3.5 Vessels Coming Together on a Collision Course	33
3.6 General Right of Way	35
3.7 Navigation Buoys	36
4 ADDITIONAL RULES	39
4.1 The Vessel Master	39
4.2 Incidents	40
4.3 Drink and Drugs	41
4.4 Events	42
4.5 Lights	42
4.6 Coaching Launch Regulations	45
5 THE INSHORE ZONE AT LOW WATER	48